### **EAST HILL BAPTIST WEEKDAY CHILDREN'S MINISTRIES**



### BEFORE & AFTER SCHOOL PROGRAM 2020-2021



CHECK: New Fa	mily or Returning Fami	ly			
(1) Child's Name			DOB:		Age
Sex	School		Grade entering A	.ug 2020	
Please list any alle	ergies, physical limitatio	ns, or behavioral/	emotional conc	erns:	
	School				
Please list any alle	ergies, physical limitatio	ns, or behavioral/	emotional conc	erns:	
Doctor's Name (RI	EDQUIRED BY DCF)				
Father's Name					
Address					
Place of Work		Work #		_ Home#	
Email				_ Cell #	
Mother's Name					
Email				_ Cell #	
Child lives with:	Mother and Father	Mother only	Father only	Other	
Primary Contact f	or any concerns regard	ding your child:			
List any additiona	l people who are allow	ved to pick up you	ur child from Afte	er School Prog	ıram:
List any people, w	ho under any circums	ances, may <u>NOT</u>		ld from After	School Program:
List at two local p	<u>eople</u> who will be avai be reached (REQUIRED E	lable to assume re	esponsibility for y	our child in o	an emergency
Name:	Relati	onship to child:	Phoi	ne:	
Name:	Relati	onship to child:	Phoi	ne:	

**Important Note:** Parents or Legal Guardians are required to disclose any physical, emotional, or behavioral limitations, needs, or concerns about their child in writing prior to registration. The Program's Administration reserves the right to deny your registration if it is determined our program is not suited or staffed to meet your child's needs. Failure to disclose information will result in forfeiture of fees and deposits previously paid if your child is dismissed from the program for reasons described above or in the Parent Handbook.

\*If any information on this or any other documentation is found to be false or withheld, it could result in the denial of your child's registration.

I understand that despite the many safety precautions taken, my child could incur minor, serious, or fatal injuries while attending the Before & After School Program, and I grant my permission for the Before & After School Program staff or employees of East Hill Baptist Church to seek medical attention and/or take my child to an emergency room or medical facility for treatment.

Please read and initial each of the following statements required by DCF.

Form of Payment:		Staff Initia	ıls:	
TOTAL DUE WHEN REGISTERING = \$_				
CHILD (2)	_∪Before	OAfter	OBefore/After	∪Bus Rider
• •		_		
CHILD (1)	OBefore	OAfter	OBefore/After	OBus Rider
Circle week(s) paid for at time of registr	ration (if app	licable):		
O Attended Summer Camp 2020	O ADR Only			
O Registration Fee (\$50.00 per fam	<b>OFFICE US</b> ily)		3C Member	
		T ONLY		
Parent/Guardian Signature		Do	ute	
Parent/Guardian Signature		Do	ute	
projects, gardening, school wide ce				_
<ul><li>Hill.</li><li>I give my child permission to particip</li></ul>	oate in all foc	nd related ac	YESNO	
<ul> <li>I give my permission for photograph Children's Ministries website (www.e</li> </ul>	•		•	•
• have been given the Distracted Ad	ults Flyer. (Pro	ovided in the	back)	(initials)
			·	(initials) (initials)
<ul> <li>I have been given the Influenza Viru</li> </ul>	ıs The Flu A (	Guide to Par	ents (Provided in the	(initials)
<ul> <li>I have read, understand, and agree</li> </ul>	e to adhere t	o the security	y policies and proced	(initials) dures.
I have read and understand the dis				delines.
<ul><li>Parent Handbook.</li><li>I have read, understand, and agree</li></ul>	e to adhere t	o the Fee Po	licies.	(initials) (initials)
I have read, understand, and agree	e to support t	he policies a	nd procedures desc	

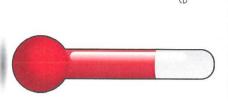


### HEATSTROKE: FACTS ABOUT

up 20 degrees and become deadly. It only takes a car 10 minutes to heat

cause heatstroke. the temperature inside a vehicle can Even with a window cracked,

than an adult's body. 3 to 5 times faster of a child increases The body temperature



# A PREVENTION TIPS:

- Never leave your child alone in a car and call 911 if you see any child locked in a car!
- Make a habit of checking the front and back seat of the car before you walk away
- Be especially mindful during hectic or busy times schedule or route changes, and periods of emotional stress or chaos
- Create reminders by putting something in the back as a briefcase, purse, cell phone or your left shoe seat that you will need at work, school or home such
- Keep a stuffed animal in the baby's car seat and place it on the front seat as a reminder when the baby is in the back seat.
- Set a calendar reminder on your electronic device to make sure you dropped your child off at child care.
- Make it a routine to always notify your child's child late or absent; ask them to contact you if your child care provider in advance if your child is going to be hasn't arrived as scheduled

## During the 2018 legislative session,

drop off a child at the facility/home and April and September each year, with information care homes to provide parents, during the months of instead leave them in the adult's vehicle regarding the potential for distracted adults to fail to facilities, family day care homes and large family child a new law was passed that requires child care



Parent/Guardian:

Child's Name

Please complete and return this portion of the brochure to your child care provider, to maintain the receipt in their records

## A change in daily routine, lack of sleep, stress, fatigue, cell phone use, and simple distractions are some things parents experience and can be contributing factors as to why children have been left unknowingly in vehicles...



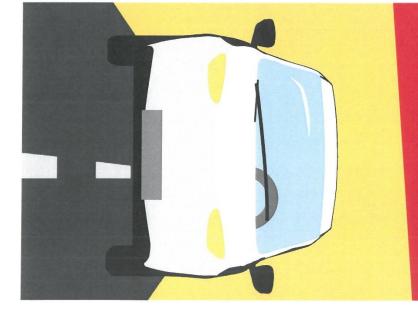


Developed by:

The Office of Child Care Regulation

www.myflfamilies.com/childcare CF/PI 175-12, May 2018

When life happens...Don't be a
DISTRACTED
ADULT



### Parent's Role

A parent's role in quality child care is vital:

- Inquire about the qualifications and experience of child care staff, as well as staff turnover
- Know the facility's policies and procedures.
- Communicate directly with caregivers.
- Visit and observe the facility.
- Participate in special activities, meetings, and conferences.
- Talk to your child about their daily experiences in child care.
- ☐ Arrange alternate care for their child when they are sick.
- ☐ Familiarize yourself with the child care standards used to license the child care facility.



MyFLFamilies.com/ChildCare

This child care facility is licensed accordingto the minimum licensure standards included in section 402.305, Florida Statutes (F.S.), and Chapter 65C-22, Florida Administrative Code (F.A.C.). License Number: License Issued on \_\_/ License Expires on \_\_/\_/\_ For more information regarding the compliance history of this child care provider, please visit: MyFLFamilies.com/childcare



MYFLFAMILIES.COM To report suspected or actual cases of child abuse or neglect, please call the Florida Abuse Hotline at 1-800-962-2873.

CF/PI 175-24, 03/2014 This brochure was created by the Florida Department of Children and Families, Office of Child Care Regulation and Background Screening pursuant to s. 402.3125(5), F.S.



**Know Your** Child Care Facility

MyFLFamilies.com/ChildCare

### **General Requirements**

Every licensed child care facility must meet the minimum state child care licensing standards pursuant to s. 402.305, F.S., and ch. 65C-22, F.A.C., which include, but are not limited to, the following:

- □ Valid license posted for parents to see.
- All staff appropriately screened
- ☐ Maintain appropriate transportation vehicles (if transportation is provided).
- Provide parents with written disciplinary practices used by the facility.
- Provide access to the facility during normal hours of operation.
- ☐ Maintain minimum staff-to-child ratios:

Age of Child	Child: Teacher Ratio		
Infant	4:1		
1 year old	6:1		
2 year old	11:1		
3 year old	15:1		
4 year old	20:1		
5 year old and up	25:1		

### Health Related Requirements

- ☐ Emergency procedures that include:
  - Posting Florida Abuse Hotline number along with other emergency numbers.
  - Staff trained in first aid and Infant/Child CPR on the premises at all times.
  - Fully stocked first aid kit.
  - A working fire extinguisher and documented monthly fire drills with children and staff
- ☐ Medication and hazardous materials are inaccessible and out of children's reach

### Training Requirements

- ☐ 40-hour introductory child care training.
- 10-hour in-service training annually.
- 0.5 continuing education unit of approved training or 5 clock hours of training in early literacy and language development
- Director Credential for all facility directors.

### **Food and Nutrition**

□ Post a meal and snack menu that provides daily nutritional needs of the children (if meals are provided).

### Record Keeping

- ☐ Maintain accurate records that include:
  - Children's health exam/immunization record
  - Medication records
  - Enrollment information
  - Personnel records
  - Daily attendance
  - Accidents and incidents
- Parental permission for field trips and administration of medications.

### Physical Environment

become ill

- ☐ Maintain sufficient usable indoor floor space for playing, working, and napping.
- Provide space that is clean and free of litter and other hazards.
- Maintain sufficient lighting and inside temperatures.
- ☐ Equipped with age and developmentally appropriate toys Provide appropriate bathroom facilities and
- other furnishings. Provide isolation area for children who
- Practice proper hand washing, toileting, and diapering activities

### **Quality Child Care**

Quality child care offers healthy, social, and educational experiences under qualified supervision in a safe, nurturing, and stimulating environment. Children in these settings participate in daily, age-appropriate activities that help develop essential skills, build independence and instill self-respect. When evaluating the quality of a child care setting, the following indicators should be considered:

### **Quality Activities**

- ☐ Are children initiated and teacher facilitated. Include social interchanges with all children.
- Are expressive including play, painting, drawing, story telling, music, dancing, and other varied activities.
- Include exercise and coordination development.
- Include free play and organized activities.
- Include opportunities for all children to read, be creative, explore, and problem-solve.

### **Quality Caregivers**

- ☐ Are friendly and eager to care for children. Accept family cultural and ethnic differences
- Are warm, understanding, encouraging, and
- responsive to each child's individual needs Use a pleasant tone of voice and frequently hold,
- cuddle, and talk to the children. Help children manage their behavior in a positive,
- constructive, and non-threatening manner.
- Allow children to play alone or in small groups Are attentive to and interact with the children.
- Provide stimulating, interesting, and educational
- Demonstrate knowledge of social and emotional
- needs and developmental tasks for all children.
- ☐ Communicate with parents.

### Quality Environments

- Are clean, safe, inviting, comfortable, child-friendly.
- Provide easy access to age-appropriate toys.
- Display children's activities and creations.
- Provide a safe and secure environment that fosters the growing independence of all children.



## What is the influenza (flu) virus?

Influenza ("the flu") is caused by a virus which infects the nose, throat, and lungs. According to the US Center for Disease Control and Prevention (CDC), the flu is more dangerous than the common cold for children. Unlike the common cold, the flu can cause severe illness and life threatening complications in many people. Children under 5 who have the flu commonly need medical care. Severe flu complications are most common in children younger than 2 years old. Flu season can begin as early as October and last as late as May.



## How can I tell if my child has a cold, or the flu?

Most people with the flu feel tired and have fever, headache, dry cough, sore throat, runny or stuffy nose, and sore muscles. Some people, especially children, may also have stomach problems and diarrhea. Because the flu and colds have similar symptoms, it can be difficult to tell the difference between them based on symptoms alone. In general, the flu is worse than the common cold, and symptoms such as fever, body aches, extreme tiredness, and dry cough are more common and intense. People with colds are more likely to have a runny or stuffy nose. Colds generally do not result in serious health problems, such as pneumonia, bacterial infections, or hospitalizations.



For additional information, please visit www.myflorida.com/childcare or contact your local licensing office below:



This brochure was created by the Department of Children and Families in consultation with the Department of Health.



new law was passed that requires child During the 2009 legislative session, a (the flu) every year during August and care facilities, family day care homes detailing the causes, symptoms, and transmission of the influenza virus and large family child care homes provide parents with information September.

My signature below verifies receipt of the brochure on Influenza Virus, The Flu, A **Guide to Parents:** 

Name:

Child's Name:

Date Received:

Signature:

order for them to maintain it in their records. the brochure to your child care provider, in Please complete and return this portion of



## What should I do if my child qets sick?

Consult your doctor and make sure your child gets aspirin or medicine that has aspirin in it to children plenty of rest and drinks a lot of fluids. Never give or teenagers who may have the flu.

## DOCTOR RIGHT AWAY IF YOUR CHILD: **CALL OR TAKE YOUR CHILD TO A**

- · Has a high fever or fever that lasts a long time
  - Has trouble breathing or breathes fast
- · Has skin that looks blue
  - Is not drinking enough
- want to be held, or has seizures (uncontrolled Seems confused, will not wake up, does not shaking)
- · Gets better but then worse again
- · Has other conditions (like heart or lung disease, diabetes) that get worse





## How can I protect my child from the flu?

19th birthday receive a flu vaccine every fall or winter (children receiving a vaccine for the first recommended. The CDC recommends that all A flu vaccine is the best way to protect against children from the ages of 6 months up to their time require two doses). You also can protect your child by receiving a flu vaccine yourself. to year, annual vaccination against the flu is the flu. Because the flu virus changes year

## What can I do to prevent the spread of germs?

contaminated hands and articles soiled with nose and infect someone nearby. Though much less frequent, the flu may also spread through indirect contact with happen when droplets from a cough or sneeze of an throat secretions. To prevent the spread of germs: The main way that the flu spreads is in respiratory infected person are propelled through the air and droplets from coughing and sneezing. This can

- Wash hands often with soap and water.
  - · Cover mouth/nose during cough or sneeze into your you don't have a tissue, coughs and sneezes. If upper sleeve, not your hands.
- who show signs of illness. · Limit contact with people
- Keep hands away from the touches something that is contaminated with germs her eyes, nose, or mouth. and then touches his or face. Germs are often spread when a person



### stay home from child care? When should my child

to rest and to avoid giving the flu to other children and until his or her temperature has been normal and has been sign and symptom free for a period of 24 hours. systems). When sick, your child should stay at home should not return to child care or other group setting could be longer in children and in people who don't fight disease well (people with weakened immune to up to 5 days after getting sick. The time frame A person may be contagious and able to spread the virus from 1 day before showing symptoms

For additional helpful information about the dangers of the flu and how to protect your child, visit: http://www.cdc.gov/flu/ or http://www.immunizeflorida.org/

### 2020-2021 East Hill Weekday Before & After School Program Calendar

\*dates for closures & All Day Recs are subject to change due to any changes in LCS Calendar.
Important dates for the program: Payment Dates, All Day Rec, Holidays, & more.
Please post this on your fridge.

### **IMPORTANT DATES**

August 31, 2020 First Day of Before/After School

December 18, 2020 Last Day of Before/After School (before Christmas Holiday)

January 5, 2021 Before/After School Back Open

March TBD In-House SDC Registration (only current PreK/ASP families)

TBD SDC Pre-Registration

TBD Last Day of Before/After School for the School Year

### **PAYMENT DATES**

(payment due the first Friday of the month)

September Friday, September 4th Friday, October 2<sup>nd</sup> October Friday, November 6<sup>th</sup> November Friday, December 4<sup>th</sup> December January Friday, January 8th Friday, February 5<sup>th</sup> February Friday, March 5<sup>th</sup> March April Friday, April 2<sup>nd</sup> May Friday May 7th

### **DATES CLOSED**

September 7, 2020 Closed (Labor Day)

November 11, 2020 Closed (Veteran's Day)

November 25-27, 2020 Closed (Thanksgiving Holidays)

December 21-31, 2020 Closed (Christmas Holidays)

January 1-3, 2021 Closed (Christmas Holiday)

January 18, 2021 Closed (MLK Birthday)

May 31, 2021 Closed (Memorial Day)

TBD Closed (Summer Camp Prep)

### **ALL DAY REC & SPRING BREAK**

September 28, 2020 All Day Recreation (Fall Holiday)

October 16, 2020 All Day Recreation (Teacher Planning Day)

January 4, 2021 All Day Recreation (Teacher Planning Day)

March 15-19, 2021 Spring Break Camp

March 22, 2021 All Day Recreation (Teacher Planning Day)